Coral Gate Park

Active Adult 55+ Schedule

November 2024				
Monday	Tuesday	Wednesday	Thursday	Friday 1
4 Bowling 9AM-1PM (Election Set UP)	5 NO PROGRAM (Election Day)	6 10AM-11AM: Arts & Craft	7 9AM-10AM: Chair Exercise 10AM-11AM: Stretch 11AM-12PM: Line Dance 12:15PM-2PM: Domino	8
PARK CLOSED VETARANS DAY	Fire & Fall Prevention 11AM-12PM	13 10AM-11AM: Arts & Craft	9AM-10AM: Chair Exercise 10AM-11AM: Stretch 11AM-12PM: Line Dance 12:15PM-2PM: Domino	15 Thanksgiving Paint Party 10:00AM-1:30PM \$10 Per Person
18 Bowling 9AM-1PM	19 10AM -11AM: Chair Exercise 11AM-2PM: Domino	20 10AM-11AM: Arts & Craft	21 9AM-10AM: Chair Exercise 10AM-11AM: Stretch 11AM-12PM: Line Dance 12:15PM-2PM: Domino	22
25 Bowling 9AM-1PM	(In Computer Center) 10AM -11AM: Chair Exercise 11AM-2PM: Domino	(In Computer Center) 10AM -11AM: Chair Exercise 11AM-2PM: Domino	PARK CLOSED Thanksgiving	PARK CLOSED



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